

Renew Your Membership

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2016 SYTAR Conference - Registration

Are you a Member?

Are you an **IAYT** Member?

- IAYT Members receive a \$100 discount on conference registration! BUT, you have to sign in before you register so the discount can be applied!!
 - If you are a member, please [sign in](#)
 - Not a Member? Consider [joining](#) before proceeding.

Please complete the form below to register for the upcoming 2016 SYTAR Conference. This information will not be shared with any outside organization or mailing list and will remain confidential. **If you are a current IAYT Member, please sign in first so that you will automatically be given the discounted Member price.**

A valid email address will facilitate your registration and allow you to make changes in your SYTAR 2016 registration choices. Please note: To receive your registration confirmation and conference updates, a valid email is required.

Cancellation policy:

If you must cancel for any reason, please notify us at [Contact Us](#) by May 10, 2016. Your registration fee will be refunded, minus a \$75 processing fee. No refunds will be made after May 10, 2016. Substitutions (transfer of your registration to another person) may be made up to May 30, 2016 by sending a [Contact Us](#) form.

Please select one of the following (required)

- 2016 SYTAR Attendee Registration ([more](#)) *Regularly: ~~\$695.00~~ **Early Bird Price: \$595.00***

Please select any of the following (optional)

- 2016 Accompanying Person Registration ([more](#)) *Price: \$200.00*

Please Select Any Sessions You Wish to Attend

Keynote and Plenary Presentations - General Assembly (no selection needed)	Starts	Ends

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- 12/13/2015
Meeting With the Surgeon General
- 12/4/2015
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- 6/8/2016 » 6/9/2016
2016 Meeting of Schools
- 6/9/2016 » 6/12/2016
2016 SYTAR Conference
- 9/19/2016 » 9/21/2016
SYR 2016 - Stockbridge, MA (Kripalu)



<input type="checkbox"/>	Thursday Evening - A 30 Year Perspective on Evolution and Future of Yoga... Presenter: Michael Lee, MA, DipSocSci, DipT, E-RYT 500	6:15:00 PM	7:00:00 PM
<input type="checkbox"/>	Friday Keynote - Yoga Research: What is Ahead? Presenter: Josephine Briggs, MD	9:30:00 AM	10:30:00 AM
<input type="checkbox"/>	Friday Plenary - The Role of Graduate Education in Field of Yoga Therapy Presenter: Judith K. Broida, PhD	10:45:00 AM	11:15:00 AM
<input type="checkbox"/>	Friday Plenary - Integrating Iyengar Yoga Therapy into Primary Care... Presenter: David Fogel, MD	11:15:00 AM	11:45:00 AM
<input type="checkbox"/>	Saturday Keynote - The Open Heart: A Doctor's Journey in Therapeutic Yoga Presenter: Sandra (Anrita) McLanahan, MD	9:15:00 AM	10:15:00 AM
<input type="checkbox"/>	Saturday Plenary - Yoga Therapy: Let's 'Stretch' Our Vision, Shall We? Presenter: Matthew J. Taylor, PT, PhD	10:45:00 AM	11:15:00 AM
<input type="checkbox"/>	Saturday Plenary - The Heart of Healing Presenter: Leigh Blashki, Grad Dip CT, Grad Cert YT	11:15:00 AM	11:45:00 AM
<input type="checkbox"/>	Sunday Plenary - A Snapshot: The Wholeness of Yoga Therapy Presenter: Hansa Knox Johnson, E-RYT 500, LMT, PYCYTh, BS	9:45:00 AM	10:15:00 AM
<input type="checkbox"/>	Sunday Plenary - Creating the Safe & Sacred Container Presenter: Amy Weintraub, E-RYT 500, MA LifeForce Yoga Founder	10:15:00 AM	10:45:00 AM
<input type="checkbox"/>	Sunday Keynote - Antya Krama - Meditations for the End of Life... Presenter: Gary Kraftsow, MA, E-RYT 500	11:00:00 AM	11:50:00 AM

Thursday Common Interest Community Sessions (Select ONE)

Starts **Ends**

<input type="radio"/>	CIC Session 1 - Rehab Professionals: Bridging the Past w/the Future Presenter: Co-Chairs: Staffan Egelid, PT, GCFT, PhD & Matthew J Taylor, PT, PhD	1:30:00 PM	5:00:00 PM
<input type="radio"/>	CIC Session 2 - Yoga Therapy: A Worthy Partner in Mental Healthcare Presenter: Co-Chairs: Linda Lang, E-RYT & Elizabeth Visceglia, MD	1:30:00 PM	5:00:00 PM
<input type="radio"/>	CIC Session 3 - Yoga for the Cancer Community: A Gathering of Practitioners Presenter: Co-Chairs: Lara Benesis, E-RYT 500, RYCYT & Tari Prinste, MA, RYT	1:30:00 PM	5:00:00 PM
<input type="radio"/>	CIC Session 4 - Yoga Therapists Today: Careers with Meaning Presenter: Co-Chairs: Mary Partlow Luttamus, MSW, RYT 500 & Biz Magarity, E-RYT	1:30:00 PM	5:00:00 PM
<input type="radio"/>	CIC Session 5 - Supporting Our Nation's Military & Veteran Communities Presenter: Co-Chairs: Robin Carnes, MBA, E-RYT 500 & Natasha Glynn, RYT	1:30:00 PM	5:00:00 PM

Friday Morning Practice Sessions (MPF) (Select ONE)

Starts **Ends**

<input type="radio"/>	MPF01 - Roll Model Method: Total Body Treatment for Care-Givers Presenter: Alexandra Ellis, RYPT-500, BS Exercise Biology	7:00:00 AM	8:00:00 AM
<input type="radio"/>	MPF02 - Cultivate: Friendliness, Compassion, Joy and Equanimity Presenter: Mary Northey, RYT	7:00:00 AM	8:00:00 AM
<input type="radio"/>	MPF03 - Asana: Metaphor for Life Presenter: Hansa Knox Johnson, E-RYT 500, LMT, PYCYTh, BS	7:00:00 AM	8:00:00 AM
<input type="radio"/>	MPF04 - TriYoga Therapeutics - Free the Spine Presenter: Brahmī (Beth) Gold-Bernstein, Director TriYoga Boston, E-RYT 500	7:00:00 AM	8:00:00 AM
<input type="radio"/>	MPF05 - Wake Up Happy Presenter: Jason Scholder, RYT 200	7:00:00 AM	8:00:00 AM

Friday Early Afternoon Sessions (TF - Concurrent Sessions 1) (select ONE)

Starts **Ends**

<input type="radio"/>	TF01 - Releasing the Weight of the World: Neck, Shoulders & Upper Back Presenter: Rachel Krentzman, PT, E-RYT	2:00:00 PM	3:45:00 PM
<input type="radio"/>	TF02 - Prana as Medicine Presenter: Shanti Shanti Kaur Khalsa, PhD	2:00:00 PM	3:45:00 PM
<input type="radio"/>	TF03 - Spandana - Exploring Healing Pulsations Presenter: Leigh Blashki, Grad Dip CT, Grad Cert YT, RYTh	2:00:00 PM	3:45:00 PM
<input type="radio"/>	TF04 - Yoga Therapy for Stress & Anxiety - Harnessing Confidence Presenter: Bob Butera, M.Div, PhD & Erin Byron, MA (Couns. Psych), E-RYT 500	2:00:00 PM	3:45:00 PM
<input type="radio"/>	TF05 - Yoga Therapy as a Creative Inquiry into Suffering Presenter: Matthew J. Taylor, PT, PhD	2:00:00 PM	3:45:00 PM

Friday Late Afternoon Sessions (TF - Concurrent Sessions 2) (select ONE)

Starts **Ends**

<input type="radio"/>	TF06 - Taking Care of Knees  Presenter: John Schumacher, Certified Advanced Iyengar Teacher	 4:15:00 PM	6:00:00 PM
<input type="radio"/>	TF07 - Taming & Training the Mind...Yoga's Many Models of the Mind  Presenter: JJ Gormley, MS, E-RYT 500	 4:15:00 PM	6:00:00 PM
<input type="radio"/>	TF08 - Brahmana & Langhana Decoded: Nourishing or Detoxifying?  Presenter: Maggie Reagh, MA (Teaching), E-RYT 500, CYT	 4:15:00 PM	6:00:00 PM
<input type="radio"/>	TF09 - Diving Deep: The Joy of Health through a Yoga Lifestyle  Presenter: Sandra (Amrita) McLanahan, MD	 4:15:00 PM	6:00:00 PM
<input type="radio"/>	TF10 - How to create a more resilient and flexible nervous system...  Presenter: Staffan Elgeid, PhD, PT, GCFP, RYT 500	 4:15:00 PM	6:00:00 PM

Saturday Morning Practice Sessions (MPS) (Select ONE)**Starts****Ends**

<input type="radio"/>	MPS01 - Pranayama: Harnessing the Life Force for Health, Healing, Happiness  Presenter: Veena S. Gandhi, MD	 7:00:00 AM	8:00:00 AM
<input type="radio"/>	MPS02 - Awakening Your Body, Mind and More  Presenter: Kathleen Pringle, Iyengar Certified Senior Teacher	 7:00:00 AM	8:00:00 AM
<input type="radio"/>	MPS03 - Therapeutic Yoga Flow for Balance  Presenter: Ann Swanson, MS (Yoga Therapy), E-RYT 500, LMT	 7:00:00 AM	8:00:00 AM
<input type="radio"/>	MPS04 - Rest and Renew Morning Practice  Presenter: Tina Paul, MS (Yoga Therapy), E-RYT 500	 7:00:00 AM	8:00:00 AM
<input type="radio"/>	MPS05 - Rooted & Grounded...Let's Start with the Feet!  Presenter: Maryam Ovissi, E-RYT 500, RCYT, RCPT	 7:00:00 AM	8:00:00 AM

Saturday Early Afternoon Sessions (TS - Concurrent Sessions 1) (Select ONE)**Starts****Ends**

<input type="radio"/>	TS01 - Taking Care of Knees  Presenter: John Schumacher, Certified Advanced Iyengar Teacher	 2:00:00 PM	3:45:00 PM
<input type="radio"/>	TS02 - Taming & Training the Mind...Yoga's Many Models of the Mind  Presenter: JJ Gormley, MS, E-RYT 500	 2:00:00 PM	3:45:00 PM
<input type="radio"/>	TS03 - Brahmana & Langhana Decoded: Nourishing or Detoxifying?...  Presenter: Maggie Reagh, MA (Teaching), E-RYT 500, CYT	 2:00:00 PM	3:45:00 PM
<input type="radio"/>	TS04 - Yoga Therapy for Relationships  Presenter: Michael Lee, MA, DipSocSci, DipT, E-RYT 500	 2:00:00 PM	3:45:00 PM
<input type="radio"/>	TS05 - The Love in the Room: Yoga Skills to Enhance Healing ...  Presenter: Amy Weintraub, E-RYT 500, MA LifeForce Yoga Founder	 2:00:00 PM	3:45:00 PM

Saturday Late Afternoon Sessions (TS - Concurrent Sessions 2) (select ONE)**Starts****Ends**

<input type="radio"/>	TS06 - Releasing the Weight of the World...Neck, Shoulders & Upper Back  Presenter: Rachel Krentzman, PT, E-RYT	 4:15:00 PM	6:00:00 PM
<input type="radio"/>	TS07 - Prana as Medicine  Presenter: Shanti Shanti Kaur Khalsa, PhD	 4:15:00 PM	6:00:00 PM
<input type="radio"/>	TS08 - Laya Yoga and the Psycho-Energetics of Transformation  Presenter: Gary Kraftsow, MA, E-RYT 500	 4:15:00 PM	6:00:00 PM
<input type="radio"/>	TS09 - Yoga Therapy for Stress & Anxiety: Harnessing Confidence...  Presenter: Bob Butera, M.Div, PhD & Erin Byron, MA (Couns. Psych), E-RYT 500	 4:15:00 PM	6:00:00 PM
<input type="radio"/>	TS10 - 5 Components & 8 Steps in Therapeutic Application of Yoga Nidra  Presenter: Indu Arora, E-RYT 500, Ayurveda & Yoga Therapist	 4:15:00 PM	6:00:00 PM

Sunday Morning Practice Sessions (MPSU) (Select ONE)**Starts****Ends**

<input type="radio"/>	MPSU01 - Yoga Nidra as Morning Nectar  Presenter: Indu Arora, E-RYT 500, Ayurveda & Yoga Therapist	 7:00:00 AM	8:00:00 AM
<input type="radio"/>	MPSU02 - A Class for All: Exploring Vata, Pitta and Kapha  Presenter: Maria Garre, E-RYT 500, Ayurvedic Yoga Therapist	 7:00:00 AM	8:00:00 AM
<input type="radio"/>	MPSU03 - Physiology of Freedom - SomaYoga Therapy for conscious movement  Presenter: Molly McManus & Ann Maxwell	 7:00:00 AM	8:00:00 AM
<input type="radio"/>	MPSU04 - Introduction to the most researched program in MediYoga  Presenter: Helen Miller Lynch, RN, RYT 500	 7:00:00 AM	8:00:00 AM

Registration Information

* Required Fields

Event Name

2016 SYTAR Conference

Your Name *

First Name Last Name

Credentials

Email Address *

Address Line 1 *

Address Line 2

City *

State/Province *

Zip/Postal Code *

Country *

Phone Area Code *

Phone *

Professional Memberships

- International Association of Yoga Therapists (IAYT)
- National Ayurvedic Medical Association (NAMA)
- Yoga Alliance (YA)

Your Experience Level

- Yoga therapist (significant formal training or experience)
- Yoga teacher (limited experience or training as a therapist)
- Yoga student (limited experience teaching)
- Other related practitioner

Licensed Health Care Provider

- Medical Doctor (MD)
- Doctor of Osteopathy (DO)
- Doctor of Chiropractic (DC)
- Naturopathic Doctor (ND)
- Nurse Practitioner (NP)
- Registered Nurse (RN)
- Physician Assistant (PA)
- Physical or Occupational Therapist
- Psychologist
- Mental Health Counselor (MFT, LCSW, etc.)
- Massage Therapist (LMT)
- Other

If you chose 'Other' please indicate

Seeking information to help you find the right yoga therapist training program?

- Yes
- No

How did you first hear about SYTAR 2016? *

- Attended a previous SYTAR or SYR conference
- Email from IAYT
- IAYT/SYTAR website
- Partner email or website
- Professional Colleague(s)
- Print Advertising
- Other

If Print Ad, please indicate which publication; if other, please indicate

In brief, what are you most looking forward to at SYTAR 2016?

Validation Code:

Answer this simple math problem to validate your submission:

3 + 3 =

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